



P21. RESPONSIBLE SEXUAL BEHAVIOUR AMONG ADOLESCENTS, HOW TO PASS THE INFORMATION ONTO THEM?

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Introduction: The reasons that make the adolescent population a social group with increased risk are as follows:

- need for sexual experimentation
- poor knowledge about sexually transmitted diseases
- hedonism as a value
- powerful influence of peer groups
- illusion of invulnerability

Aim: modalities of adolescent education on responsible sexual behaviour

Materials and methods: statistical interview with adolescents through survey

Results: Factors that increase the likelihood of risky sexual behaviour are:

- early sexual initiation
- tendency towards risky activities
- consumption of alcohol and narcotics
- not using contraception during the first sexual intercourse
- negative attitudes towards condom
- low level of awareness on human sexuality
- traditional, sexually discriminatory attitudes (especially in men)
- sense of guilt associated with sexual activity, often connected with strict religious socialization (especially in women)

Reproductive health care includes:

- education on sexuality and reproduction
- counselling on family planning and the use of contraception, reproductive health care
- prevention and treatment of infertility
- diagnosis and treatment of reproductive system diseases, hormonal disorders and malignant diseases

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- termination of pregnancy with prevention and treatment of consequences
- prevention of sexual abuse and care for victims

The main problems of sexual and reproductive health in adolescents are:

- abortions
- teen pregnancy and births
- contraception
- sexually transmitted diseases
- sexual violence and exploitation

Conclusion: The interest of any society is to have educated people, free from fear of diseases.

Our own choice is possible only when there is knowledge. Without knowledge, especially in adolescents, that is theoretically impossible. There is no room for political or religious agitation in public schools. Public schools must be temples of knowledge, civil elevation, value-neutral and equal for all

Keywords: adolescents, education, health education