



CONTRACEPTION: A PRE-REQUISITE FOR REPRODUCTIVE HEALTH.

Gemzell-Danielsson K (SE) [1]

Inability to access safe abortion is a major contributor to maternal mortality and morbidity. Therefore effective methods for contraception and safe and acceptable methods for termination of unwanted pregnancies are prerequisites for reproductive health, for gender equality and for the empowerment of women. Safe and effective contraceptive methods and information need to be accessible also by young and unmarried women. Women undergoing an induced abortion or post abortion care should be offered contraceptive provision of their choice on site. New methods for contraception are also needed including improved methods for emergency contraception and new mechanisms of action as well as mode of delivery. Additional health benefits of contraceptive methods need to be better recognized. The possible use of progesterone receptor modulators for contraception with added benefits such as protection against breast cancer and prevention of uterine leiomyomas and endometriosis should be further explored.

[1] Karolinska Institutet